

Bellarmino Invitational

JV

Saturday

January 28th, 2012

Location: Bellarmine College Prep
960 W. Hedding St.
San Jose, CA 95126

Itinerary: 7:15 AM - Meet at Saint Francis
7:30 AM - Leave Saint Francis to Bellarmine
We have one school van to transport 7 wrestlers, but we will need PARENT VOLUNTEERS to transport about 10-15 more wrestlers.

IF YOU PLAN ON DRIVING YOURSELF TO BELLARMINE YOU MUST GET THERE BY 7:45 AM. MAKE SURE YOU INFORM COACH ON THURSDAY

8:00 AM - Weigh-ins
Eat Breakfast at Bellarmine
9:00 AM - Warm-Up for Competition
10:00 AM - Wrestling Begins
Eat Lunch at Bellarmine
2:30 PM (approx.) - Leave Bellarmine to Saint Francis

Weigh-ins: 8:00 AM

Wrestling: Begins @ 10:00 AM

Format: 8-Man Bracket, Double Elimination, Pooled Weight Classes
(8 closest guys in terms of weight get put into a bracket)

Awards: Individual medals for 1st – 3rd Place.

What to Bring: Brown Singlet, Headgear, Wrestling Shoes, Warm-Ups, Mouthpiece,
Food (Breakfast & Lunch), Snacks, Drinks, Money, and Homework.

Contact: Coach Meulman 408.334.9408 (cell)

Go Lancers!