

Bellarmino Invitational

Frosh

Friday

January 27th, 2012

Location: Bellarmine College Prep
960 W. Hedding St.
San Jose, CA 95126

Itinerary: 1:00 PM – Dismissal from Class, go to wrestling room.
1:30 PM – Leave Saint Francis for Bellarmine via vans
We have one school van to transport 7 wrestlers, but we will need PARENT VOLUNTEERS to transport about 10 more wrestlers.

PARENTS:

IF YOU PLAN ON HELPING US DRIVE YOU MUST BRING A PHOTOCOPY OF YOUR DRIVER'S LICENSE AND CAR INSURANCE TO PUT ON FILE IN THE MAIN OFFICE!

2:00 PM – Weigh-ins
2:45 PM – Warm-Up for Competition
3:30 PM – Wrestling Begins
7:00 PM(approx) – Return to Saint Francis

Weigh-ins: 2:00AM to 2:30PM

Wrestling: Begins @ 3:30PM

Format: 8-Man Bracket, Double Elimination, Pooled Weight Classes
(8 closest guys in terms of weight get put into a bracket)

Awards: Individual medals for 1st – 3rd Place.

What to Bring: Brown Singlet, Headgear, Wrestling Shoes, Warm-Ups, Mouthpiece, Food (Breakfast & Lunch), Snacks, Drinks, Money, and Homework.

Contact: Coach Meulman 408.334.9408 (cell)

Go Lancers!